



TEVINI

N A T U R A L S P A

DOLOMITES CHARMING HOTEL

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EARLY BOOKING

To ensure your chosen treatments are available at your preferred time, our advice is to book your appointments at the same time as you book your holiday.

ADVICE

If you need help choosing your massages, talk to our spa manager. She will be able to recommend the best treatments to meet your needs.

JUST RELAX

We recommend that you arrive 5 minutes before your massage, wearing a bathrobe and slippers. Please remember to bring a towel and remove any jewellery. One of our masseurs will accompany you to the treatment room.

CANCELLATION

If you are late for your appointment or unable to turn up, you will be charged 50% of the treatment price.

PARTNER

All the products we use in our spa are available for purchase. To receive information and directions for home use, please ask our staff.

MARY COHR
DR. JOSEPH VITALIS
VITANOVA
FURLANI

PROMO

10% discount with a booking
more than 3 treatments

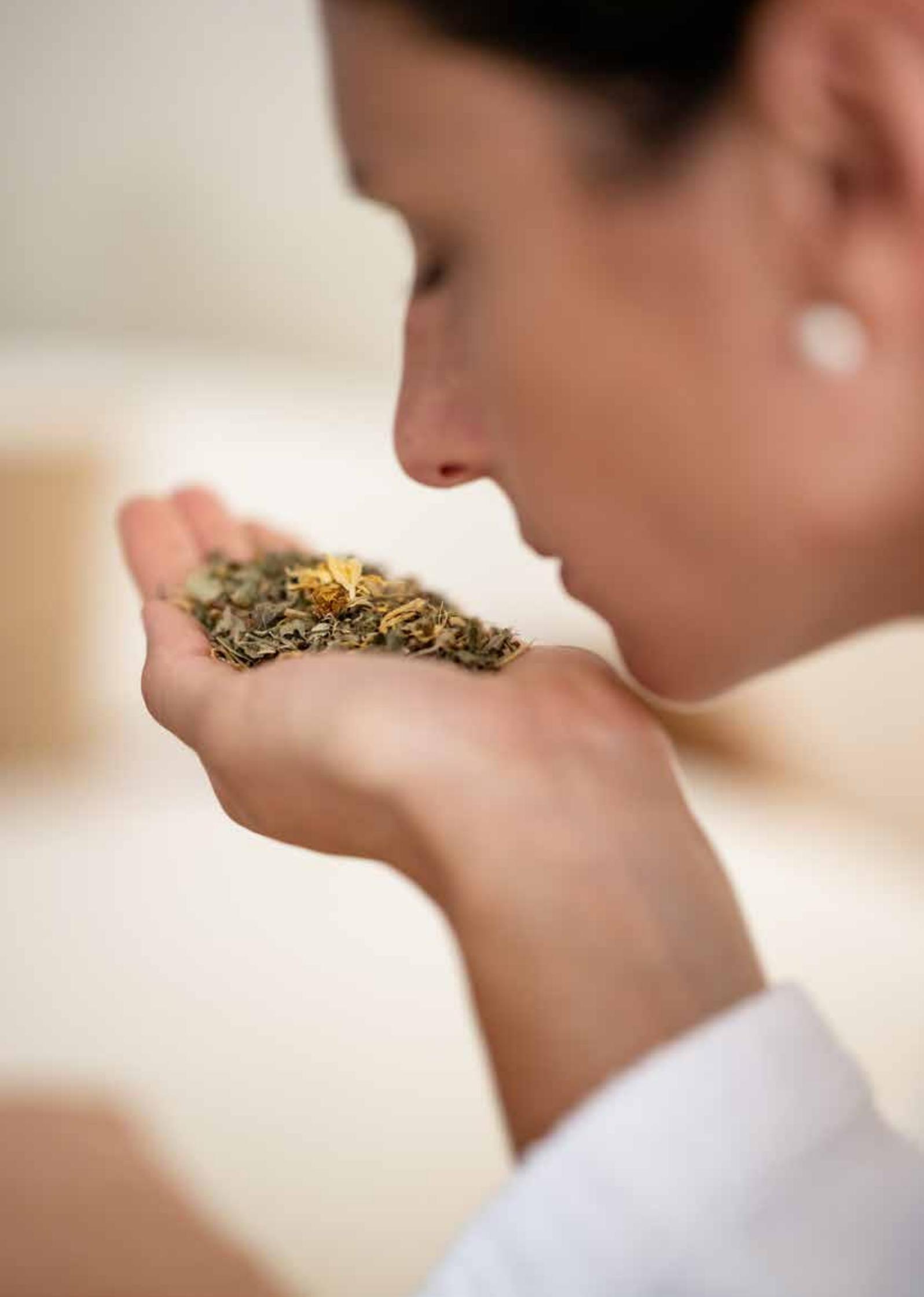
Welcome to Tevini Natural Spa

OUR SIGNATURE COSMETICS

We have created an exclusive line of products signed Tevini with Alpine herbs and Fir honeydew. Natural products of high quality, to the union of nature and innovation, with antioxidants, regenerating and hydrating. These have been studied to fight skin ageing, as well as respecting the physiological natural process. A synergy between experimentation and nature, with accurate attention to the environment sustainability thanks to the newest biotechnology.

Mountain, nature and wellbeing: this is Tevini lifestyle

DOES NOT INCLUDE Colourants, Mineral Oil, Parabens and Isothiazolinones, Silicones, SLES/SLS, PEG.





TEVINI

N A T U R A L S P A

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FACE TREATMENTS

Each treatment starts off with cell detoxification. This enables active substances to be absorbed into the deep skin layers. We can help you choose the treatments that are better suited to your skin.



FACE MASSAGE KOBIDO

€ 55,00 25 minutes

One of the most common massage-techniques in the East. A deep lymphatic drainage that gives the skin an anti-aging effect. The face will look relieved and refreshed.

PHYTOXYGENE

€ 80,00 50 minutes

This oxygenating and detoxifying treatment stimulates cell respiration to give the skin more oxygen. For a smooth and radiant complexion.

CATIOVITAL DOUBLE IONISATION

€ 95,00 80 minutes

This personalised beauty treatment cleanses and nurtures the skin in depth. An exclusive method enables effective active ingredients to reach deep into the skin. This treatment comes in 6 different version to cater for different requirements.

It provides each skin type with tailored care by acting on 4 different levels:

- Thermic effect – to cleanse the skin in depth
- Ionic effect – to facilitate absorption of the active ingredients
- Relaxing effect – a massage performed with essential oils for pure relaxation

The treatment is rounded off by a face mask chosen according to skin type.





INTENSE PURIFYNG FACE TREATMENT

€ 70,00 50 minutes
€ 90,00 80 minutes

In-depth cleansing specific to your skin type based on the method of TEAM DR JOSEPH. For a visibly fresher complexion and vital radiance.

VISAGE

€ 135,00 80 minutes

We have created a set of specific treatments to completely renew and restore the skin on the face, making it plumper, brighter and more elastic:

- Catiovital double ionisation
- Face Massage Kobido

TEVINI INTENSIVE FACE TREATMENT

€ 95,00 80 minuti

Inspired by the wild mountain herbs, treatment for mature skin that helps make the skin visibly plumped and revitalized.

EXPRESS EYE LIFTING TREATMENT

€ 55,00 25 minuti

Express Lifting Treatment for an awake and firm eye area. The treatment, consisting of a mindfulness massage, Gua-Sha Eye Lifting Massage, eye & lip care and individual skin care, is ideal for wrinkles, tiredness and puffiness in the eye area and provides a visibly lifted eye area.



BODY TREATMENTS



SILHOUETTE

€ 95,00

80 minutes

An effective slimming and body-resaping treatment that stimulates metabolism and combats fluid retention. Oils and serums rich in active ingredients reach deep into the skin with long-lasting slimming and toning effects.

TECHNI FERMETÉ

€ 75,00

50 minutes

This treatment combines a draining massage with the biological effects of innovative active ingredients to stimulate and tighten the skin, improving elasticity and countering slackening.

PLUS TECHNI FERMETÉ

€ 110,00

80 minutes

A firming bandage combined with a stimulating massage supplies the skin with active ingredients and hyaluronic acid to combat slackening and improve firmness and elasticity.





SCRUB & TONE UP

€ 80,00

50 minutes

This toning treatment begins with an apricot seeds scrub, followed by the application of an anti-cellulite body-shaping gel and a massage with cosmetics rich in E vitamin, caffeine, ivy, horse chestnut, carnitine and hop plant extracts. As a result, the body is reshaped and the skin is bright and nourished.

SNELL PROGRAMM

€ 185,00

140 minutes

A palette of targeted treatments for a tighter, reshaped body:

- Scrub & tone up
- Toning massage
- Techni Fermeté

We recommend applying a suitable cream (30% discount) at home to maintain and prolong result.

TEVINI BODY TREATMENT

€ 95,00

80 minuti

A solution aimed at counteracting skin relaxation and loss tone given by the weakening of cellular cohesion.



SPECIAL MASSAGES



TEVINI EXCLUSIVE RELAX MASSAGE

€ 80,00

50 minutes

A personalized, relaxing massage-technique to stimulate the nervous and the neuromuscular systems and to bring the body back to an embryonic stage.

DYNAMIC BACK MASSAGE

€ 75,00

50 minutes

Restorative and personalised. Natural arnica oils for optimal results. The unique combination of manual massage, cupping and Tibetan bells helps to relieve tension and improves the flexibility of the spine.

DYNAMIC FEET AND LEGS MASSAGE

€ 60,00

40 minutes

A revitalising massage that soothes and relaxes tired legs. The energising effect with a touch of freshness actively supports the feet and legs.

DYNAMIC HEAD, NECK AND SHOULDER MASSAGE

€ 60,00

40 minutes

A special massage that awakens the senses, relieves tension, stimulates microcirculation and strengthens the targeted areas. A soothing treatment with a deeply relaxing action with the help of warm basalt rods.





CHAKRA ENERGY MASSAGE

€ 80,00 50 minutes

This special treatment that stimulates body awareness and gives a strong feeling of joy. This massage is performed according to a special technique that targets the 7 energy points using a blend of pure oils and gems that have a deeply relaxing and rebalancing effect.

AYURVEDA ABHYANGAM MASSAGE

€ 80,00 50 minutes

Since ancient times Ayurveda massage has been the favourite massage technique for physical and mental refreshment.

HERBAL COMPRESS MASSAGE

€ 80,00 50 minutes

An energising massage that helps to regenerate the muscles, reduces stress and boosts vitality. The warm herbal compresses are applied all over the body with a gentle pressure massage to improve circulation and stimulate metabolism.

VITAL STONE MASSAGE

€ 80,00 50 minutes
€ 110,00 80 minutes

The power of warm basalt stone for the harmony of the body and mind. A synergy of essential oils stimulates the lymphatic system to improve body detoxification. This massage gets positive energy flowing by stimulating all 7 chakra points.

MASSAGES



LYMPHATIC DRAINAGE MASSAGE

€ 70,00 50 minutes
€ 90,00 80 minutes

Slow movements to facilitate drainage of excess fluids from body tissues, for a pleasant sense of lightness.

RELAXING MASSAGE

€ 70,00 50 minutes

This effective, traditional massage relies on slow, gentle manual manoeuvres to relieve psychophysical stress and improve general well-being. A multisensory gesture of self-care that brings balance to your muscles and soothes your soul.

PLANTAR MASSAGE

€ 40,00 25 minutes

A combination of acupressure and energy work with warm basalt sticks. This massage reflects on the organs of the whole body and strengthens the immune system



DECONTRACTING SPORT MASSAGE

€ 80,00

50 minutes

This massage targets the muscles, loosening deep-set, persistent tensions.

Muscle tone improves and the body is revitalised.

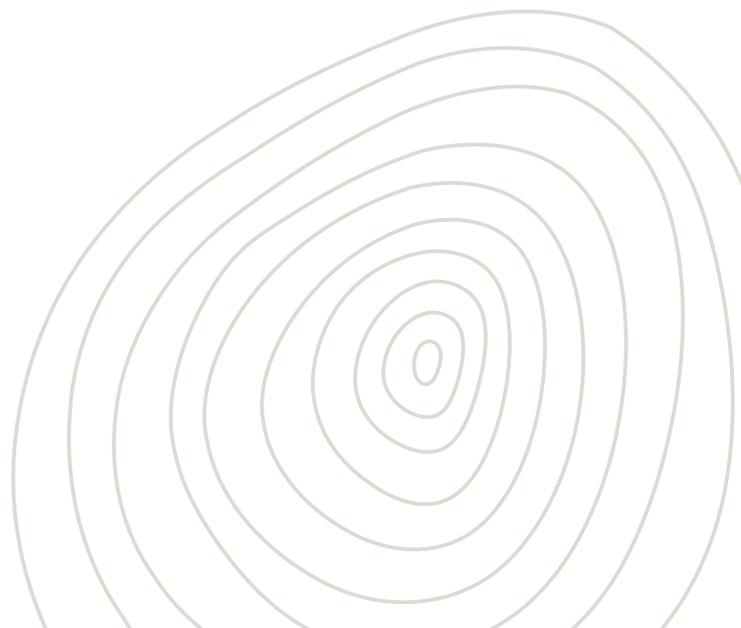
Alpine arnica has a stimulating effect on the whole body.

PARTIAL MASSAGE LEGS OR BACK AND NECK

€ 40,00

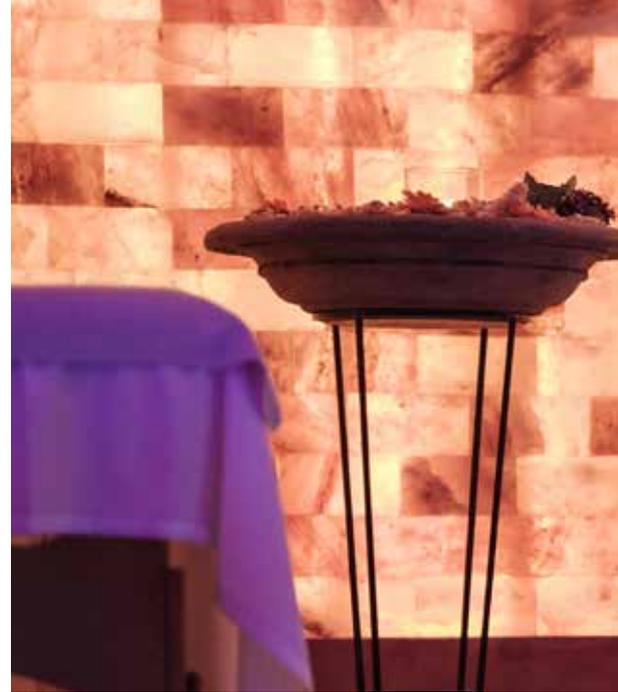
25 minutes

A deep moment of well-being and psychophysical regeneration focused on a specific part of the body, losing oneself in the pleasant rhythm of the hands which silently dance.



FOR COUPLES

Escape the daily bustle, take time for yourselves and give in to indulgence. Let us tempt you to unique wellness experiences that will make you holiday even more extraordinary.



WELLNESS LOVE

€ 250,00 per couple 120 minutes

Unforgettable moments in an exclusive oasis of wellness with private pool.

- Kobido face massage
- Tevini legs massage
- Massages are followed by a period of rest with fresh fruit, small delicacies and Trento Doc sparkling wine, served in an atmospheric firelit room

BOLLICINE SULLA PELLE

€ 315,00 per couple 180 minutes

For discerning connoisseurs who value premium-quality antioxidant and moisturising cosmetics – for complete relaxation and a new skin.

- Sparkling wine body peel
- Sparkling wine body massage
- Sparkling wine wrap on the soft pack bed

The treatment is followed by a toast with Furlani sparkling wine, fresh fruit and small delicacies served in an atmospheric firelit room

ME & YOU

€ 235,00 per couple 120 minutes

An experience of pure relaxation to share, for the well-being of the body and mind

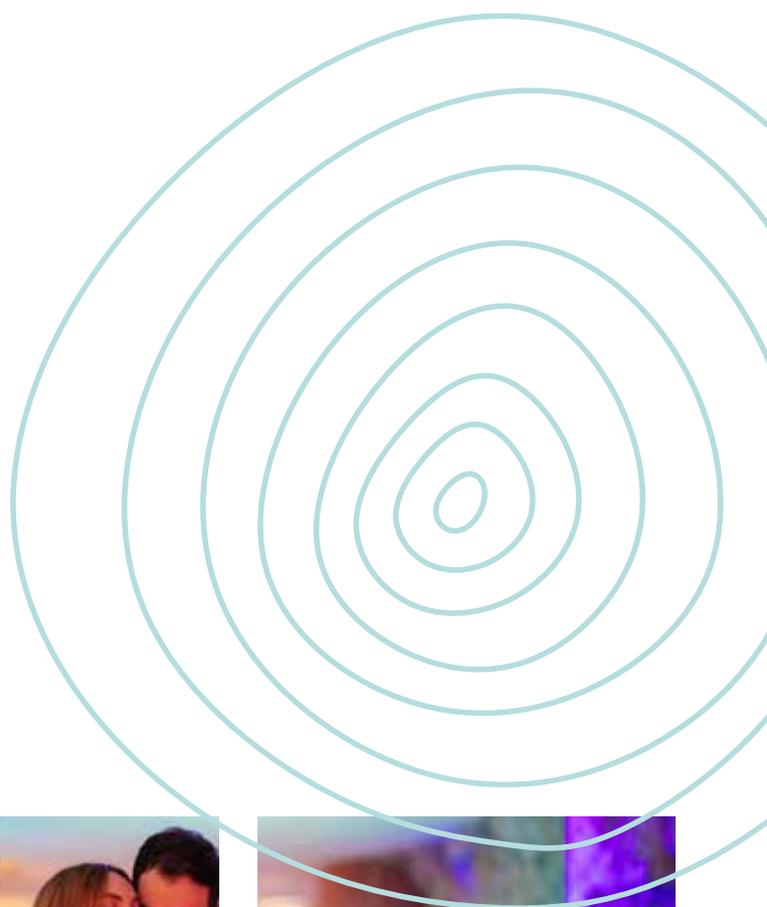
- Relaxing massage
- A divine toast with Spumante Trento Doc sparkling wine, fresh fruit and small delicacies served in the warm atmosphere of a firelit room



SWEET MOMENTS

€ 90,00 per couple 60 minutes

Access to the Private Spa for two, with small delicacies, fresh fruit and Trento Doc sparkling wine served in the warm atmosphere of a firelit room.



BODY COMPRESS ON WARM SOFT PACK BED



HYALURONIC

€ 65,00 45 minutes

The protective effects of apple and rose hip extracts, combined with the natural hydration provided by hyaluronic acid, give the skin new vitality and freshness.

SPORT AND VITALITY

€ 65,00 45 minutes

Arnica plant e hypericum flower extracts soothe tension and revitalise muscles.

DETOXING

€ 65,00 45 minutes

Alpine mud enriched with powerful natural essential oils improves blood circulation and stimulates metabolism with a decongestant effect on the connective tissue.

BODY PEELING

€ 40,00 25 minutes

Choice between:
- Apricot peeling
- Mango peeling
- Sparkling wine peeling
A body peeling before other wellness treatments enhances the skin's receptiveness to products.

SCRUB PRODUCTS OF TRENTINO

€ 95,00 80 minutes

Body scrub with relaxing massage

€ 80,00 50 minutes

Body scrub with body compress on soft pack bed

€ 130,00 110 minutes

body scrub with relaxing massage and body compress on soft pack bed

Cosmesi
Furlani®

Gocce di Spumante sulla Pelle

BODY SOLARIUM

A unique solarium that taps into a new technology to give you a golden tan while also protecting your skin's health.

It stimulates the natural collagen production and counters skin ageing by enhancing and maintaining the results of anti-age face and body treatments

Solarium

€ 15,00



BEAUTY

Manicure

€ 40,00

Pedicure

€ 55,00

Nail polish application

€ 10,00

Face epilation

€ 15,00

Small body areas epilation

€ 25,00

Groin/armpits/arms/half leg

€ 70,00



TEENAGER (9-17 YEARS OLD)

Teenagers' skin deserves special care, too!



RELAXING MASSAGE

€ 55,00 40 minutes

With hydrating perfumed
essential oils

HYDRATING COMPRESS ON SOFT PACK BED

€ 40,00 25 minutes

Deep hydration and nourishment

MANICURE

€ 40,00 30 minutes

Hand care and nail polish
application

FACE TREATMENT

€ 55,00 40 minutes

Peeling, massage and mask

BODY PEELING

€ 40,00 25 minutes

Brightening skin exfoliation

EXPECTANT MOTHERS

During pregnancy, treatments need to be chosen with care. There are specific treatments for each stage of pregnancy. The first trimester, the more delicate one, requires extra care when targeting the spinal and abdominal regions. We would suggest relaxing in the swimming pool and various wellness areas.



In the following months, treatments are mainly performed in the spinal area with the woman lying on her side. Only caresses are allowed in the abdominal area. We recommend relaxing in the swimming pool and wellness areas, and taking short bio-sauna sessions of a few minutes each, alternating with lukewarm/cold showers on the legs.

In the last months we suggest undergoing treatments in a seated or supine position, alternating treatments with breathing exercises. We would suggest relaxing in the swimming pool and various wellness areas.

It is very important for expectant mothers to take good care of their body.

Suggested treatments:

- Plantar massage
- Face treatments
- Feet and hands treatments
- Sweet moments (couples)

CHILDBIRTH IS THE ONLY BLIND DATE
WHERE YOU FEEL CONFIDENT THAT
YOU'LL FIND THE LOVE OF YOUR LIFE.
TAKE CARE OF YOUR BODY TO BE READY
FOR IT!

SYNERGY OF MASSAGES



BALANCE

€ 130,00

- Chakra energy massage
50 minutes
- Massage to the head, neck and
shoulders
40 minutes

VITALITY

€ 150,00

- Vital stone massage
50 minutes
- Herbal compress massage
50 minutes

HARMONY

€ 270,00

- Tevini exclusive relax massage
50 minutes
- Relaxing Premium massage
50 minutes
- Chakra energy massage
50 minutes
- Herbal compress massage
50 minutes

ENERGY

€ 120,00

- Dynamic back massage
50 minutes
- Kobido face massage
25 minutes

RELAXATION

€ 150,00

- Plantar massage
25 minutes
- Dynamic feet and legs massage
40 minutes
- Relaxing massage
40 minutes

SPECIAL TREATMENT PACKAGES



DREN

€ 138,00 120 minutes

- Techni fermeté (draining and toning body bandage)
- Lymph drainage massage (massage to drain excess fluids)

ANTI AGE

€ 190,00 150 minutes

- Hyaluronic acid body pack (nourishing and moisturising compress for new skin)
- Coconut massage (with moisturising and refreshing oil)
- Face treatment intense purifying

HOMME

€ 195,00 150 minutes

- Face treatment purifying (specific for men)
- Sport & Relaxation body pack (muscle-loosening and relaxing pack)
- Sport & Relaxation massage (muscle-loosening and relaxing massage)

TONIC

€ 155,00 120 minutes

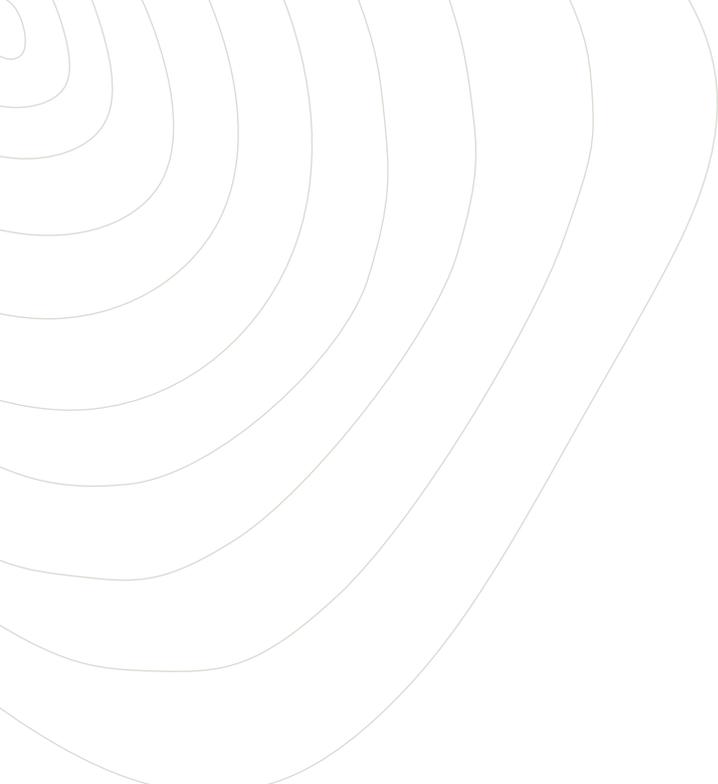
- Plus Techni fermeté (body bandage with toning massage)
- Face massage Kobido (one of the most common massage-techniques in the East)

SOLARE (RECOMMENDED IN SUMMER)

€ 165,00 150 minutes

- Catiovital Nouvelle Jeunesse Soleil facial (face treatment against photoageing)
- Coconut massage (with moisturising and refreshing coconut oil)
- Solarium body treatment with collagen and melanin activator

*(Treatment sessions
can be spaced out)*



GOOD ADVICES

Access to the Tevini Natural spa is only permitted wearing the bathrobes, towels and slippers provided in your room.

Access to the Wellness and Relax area (sauna area – lower floor) is reserved for guests aged 15 years and over.

For health and safety reasons, it is important that you always wear slippers when moving from one area to another.

It is not permitted to wear them in the sauna rooms.

Please respect your fellow spa users by maintaining a low voice.

We recommend following the instructions and advice provided by our qualified staff and to take notice of the signs follow the signs in the various spa areas.

SAUNE DRESSCODE

Our saunas are nudist areas and can therefore be accessed only without wearing bathing suits.

A towel may be used to protect your modesty.

The entire sauna area is only accessible wearing bathing slippers.

Please avoid using slippers and bathrobes in the steam bath and saunas.

*This is Tevini
Life style*



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DOLOMITES CHARMING HOTEL

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